



U3A TAKAPUNA INC

Email: u3atakapuna@gmail.com Website: www.u3atakapuna.org.nz

May 2019 Newsletter

**Meeting on Wednesday 1 May at 9.45am
Citizens' Centre, College Road, Northcote**

Guest Speaker: Grace Benson

**Topic: Florence Nightingale: Her
relevance and legacy today**

Grace has been a Lecturer in the School of Nursing at Manukau Institute of Technology since 1982. She has been a Registered General and Obstetric Nurse since 1960 and holds a current Practising Certificate with the Nursing Council of New Zealand.

Born in 1938, Grace spent her first 18 years living on Great Barrier Island in Medlands Bay where her grandparents settled in the 1860s. Grace dreamed only of a career as a nurse and left the Island in 1956 to start her nursing training with the Auckland School of Nursing.

Having a passion for the history of nursing, Grace became interested in the 'Founder of Modern Nursing' Florence Nightingale (1820-1910). In 2010 Grace went on a pilgrimage to the homes and places where Nightingale lived and worked, including her birthplace in Florence and the old Barrack Hospital at Scutari, Istanbul.

Grace will be speaking of her personal experiences of nursing in her lifetime, the influence of her grandmother signing the Women's Suffrage petition in 1893, seeing the rural nurse arrive on horseback in her early years, and how Florence Nightingale has continued to inspire her passion for nursing to this day.

In 2017 Grace received recognition for her contribution to Nursing by gaining *The Kiwibank Local Hero Award* and also a Certificate of Achievement as a *Semi-finalist Metlifecare Senior New Zealander of the Year*.



Mini Speaker: Dusty Uhe (WW2 Group)

Topic: Saving LST 325

FROM THE PRESIDENT

In April we had a surprising set of speakers. The Mini Speaker was our own Martyn Geary who took us down the evolution path. It was an exciting journey and the audience learnt a lot. Our main speaker was Mike Maran a fellow U3A member from across town. He introduced us to Graphology. Although this is considered a pseudoscience he provided plenty of laughter to our members as he deciphered handwriting. It's a long time since the Wednesday meeting was laughing so much. All in all another great set of speakers where we learnt something and had a good laugh.

On a more serious note we still need committee members for August AGM. I will keep on about this right up to the AGM so you had better come up with some names. If you cannot volunteer yourself how about asking other members. If everyone asked two people each month from now up to July I am sure we would have a surfeit of committee members nominated and we could have an election. Wow that would be a great event.

Ron Wilson
President

King Dick' Seddon becomes Premier: 1 May 1893

Richard John Seddon became premier following the death of John Ballance. Immortalised as 'King Dick', Seddon dominated the New Zealand political landscape for the next 13 years. He remains this country's longest-serving prime minister.

Seddon was first elected to Parliament in 1879 for Hokitika, and later represented the Westland seat. In the House, he was notoriously long-winded and ridiculed as boorish. But the astute politician turned his apparent lack of sophistication to his advantage, presenting himself as a man of the people



Holly (Gladys) Morton

A note from Holly's daughter, Helen Wakefield. My mother Holly (Gladys) Morton who was a past president of U3A (1997-1999) passed away on 1 April after a long illness. We had a beautiful family service for her on Friday, 5 April.

U3A was such a huge part of her life for many years and it was a joy to her to have the opportunity to continue her lifelong love of education and meet so many wonderful people. She was especially delighted to be honoured with life membership of U3A in 2015.

Committee Members for 2018/2019

President	Ron Wilson	☎ 478 2490
Vice President	Vacant	
Treasurer	David Gibbs	☎ 482 3006
Secretary	Elizabeth Lind-Mitchell	☎ 426 3362
Speakers Convenor	Christine Ball	☎ 410 7789
Catering Convenor	Marcia Roberts	☎ 418 0397
Reception	Sue Pearson	☎ 021 622 783
Membership	Jan Judson	☎ 021 396 152
Hall Liaison	Rowena Scaletti	☎ 445 8842
Study Group Co-ordinator	Leonie Kho	☎ 027 877 8811
Committee	Jeannette Maddox	☎ 488 9928
U3A Network	Ron Wilson	☎ 478 2490
Other Responsibilities		
Audio Visual	Garry , Barry, Chris and Boyd	
Hall Setup	Phil and Pauline	
Newsletter Distribution	John Hanna	☎ 489 4425
Newsletter Editor	Murray Pearson	☎ 021 644 442

Somewhere an elderly lady reads a book on how to use the internet, while a young boy googles "how to read a book"

Hosts

Cabbages & Kings

4 members at 9.15am please

Morning Tea

Shakespeare

2 members at 9.15am and a further 4 at 10.25am please

All to help clean up please

Deadline Date for June 2019 Newsletter

Sunday 19 May 2019

Editor: Murray Pearson

Email: news@u3atakapuna.org.nz or 021 644442

Are you more than just a number? Evaluating population research: from science to policy

Wednesday 1 May 2019 6.30pm – 7.30pm

Dr John Matthewson

Round Room, Atrium Building, Massey University, Albany



From medical trials to conservation efforts to psychological research, scientific findings are often based upon populations of individuals. In turn, these findings can be used to implement decisions with wide-ranging and significant effects, such as public health interventions, social policies, and your insurance premiums. Philosopher Dr John Matthewson outlines key properties of the various kinds of populations used across the natural and social sciences, and shows how these properties affect whether a particular grouping should be used to underwrite particular applications. Moving through philosophical analysis to scientific methodology, the talk ultimately considers practical outcomes for individuals and groups targeted in research.

To register for this free lecture visit: www.massey.ac.nz and type “our changing world” into the search box on top right. The link will be first in the list.

Astronomy Study Group

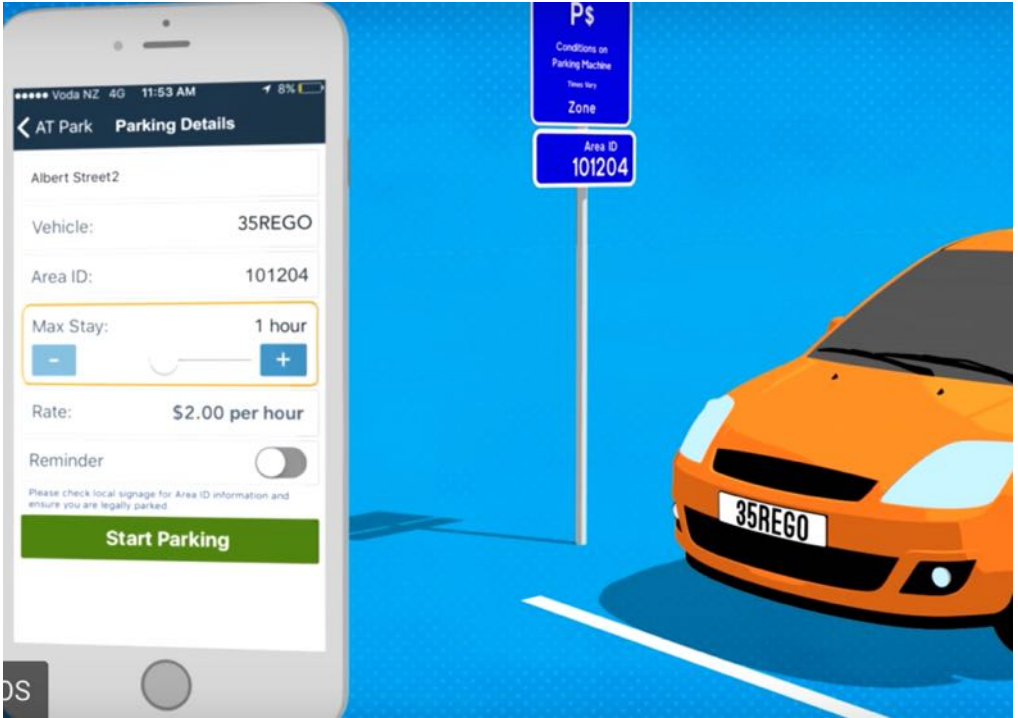
The Astronomy study group is active again with its next meeting scheduled for 24th May We will continue to meet on the 4th Friday of each month at the slightly earlier time of 9:45am. The venue for our meetings will be the meeting room at ActivZone, Glenfield Leisure Centre, 30 Downing st. Glenfield.

We can't hope to match the informative content provided by John White, but we will work through Carl Sagan's COSMOS videos – a series of 13 TV episodes. COSMOS covers a range of topics including the origins of life, the search for life on Mars, the atmosphere of Venus, interstellar travel etc...This TV series was first put together in 1979 and while it might appear a little dated compared with modern TV, on the astronomical time scale, 40 years is nothing! In the second half of our meetings we will accept items of interest from members and the convener will start this with short presentations from Carlo Rovelli's Seven Brief lessons in Physics covering topics of relevance to astronomy and physics.

Peter Cradwick 021 0229 3289 pcradwick@gmail.com



Parking with AT Park App



If you are like me and have a problem entering your Car Rego number into the parking machines because of failing eyesight or sunlight glare then embrace this technology solution. It makes it so easy.

AT Park is an online account and app to pay for parking in Auckland. With AT Park you can pay for parking in on-street paid parking areas and Auckland Transport off-street car parks. Once set up you simply identify the closest parking machine (large number on the side) and then **“Start Parking”** on your Smart Phone. When you return to the park you just choose **“Stop Parking”** on the App.

There is a great video to watch that explains it all.

www.at.govt.nz/driving-parking/paying-for-parking/at-park/

No need for coins and no need to guess the time you will be in the park. Of course you need to remember to choose **“Stop Parking”** when you return to your car. If this is an issue then there is an option for choosing the time period for parking. Easy As.

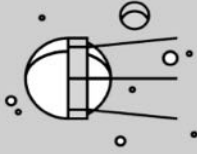
If you are interested in a short run study group for making more use of your smart phone then drop me an email and I will see if there is enough interest in setting up a group.

[Murray Pearson news@u3atakapuna.org.nz](mailto:Murray.Pearson@u3atakapuna.org.nz)

Study and Special Interest Groups



IMAGINE



EXPLORE



LEARN



THINK



KNOW

Architecture and Design

Judy Hanna ☎ 489 4425 hannaj@xtra.co.nz

Meets: 3rd Wednesday - 15 May at 9.45am.

Venue: B.Hive, Smales Farm. Time and place will be advised by email

Topic: Conducted Tour of B.Hive Shared Offices Development, then Morning Tea at Goodside

Astronomy

Peter Cradwick ☎ 021 0229 3289 pcradwick@gmail.com

Meets: 4th Friday - 24 May at 9.45am.

Venue: Meeting Room, ActivZone, Glenfield Leisure Centre

Topic: Carl Sagan's COSMOS (See notice on Page 4)

Auckland Heritage

Christine Ball ☎ 410 7789 cball@xtra.co.nz

Meets: 3rd Friday – 17 May at 10.00am

We will be visiting the Auckland Writers Festival Details by email.

Board Games *

Leonne Kho ☎ 027-877-8811 leoniekho1@gmail.com

Ron Wilson ☎ 478 2490 ron.e.wilson@gmail.com

Meets: 2nd Friday - 10 May at 9.45pm

Venue: Meeting Room No. 4 on Second Floor, Council Building
2 Glen Road, Browns Bay. (Elevator is available)

Topic: Play brain games for: Better Memory - Stronger Immune System – Enhance Mental Health - Stress Relief - Laughter & Fun

Cabbages and Kings

Anne Young ☎ 486 3317 annejim.y@xtra.co.nz

Liz Milne ☎ 963 2810 lizhmilne@gmail.com

Meets: 2nd Thursday - 9 May at 1.30pm

Venue: Rowena's place, 3/17 Marsh Ave

Topic: 5 to 10 minutes on anything

Chinese Painting and Art Studies *

Doreen Brown ☎ 473 0871
doreen22@orcon.net.nz

Meets: 2nd Friday – 10 May at 1.30pm

Venue: The Orchards, Stanley Street, Glenfield

Topic: Pine Trees

Classical Opera

Jenny Adams ☎ 489 5914 golfingjen@hotmail.com

Meets: 3rd Tuesday - 21 May: 1.30pm

Venue: Chelsea Room, Knightsbridge

Topic: Gwendyth is going to show Fidelio, Beethoven's only Opera

Comparative Religion *

Stephen Warnes ☎ 027 646 3866
stephen.warnes@gmail.com

This group is now in abeyance - after four years. Those who would be interested in having the group continue and repeat the journey, please contact the Convenor.

Famous and Infamous *

Brucilla Wright ☎ 480 0150
brucilla.wright@xtra.co.nz

Meets: 2nd Friday – 10 May at 10.00am

Venue: 58 Balmain Rd, Birkenhead

Presentations by two members about Famous and Infamous people

Finance and Investment *

Graham Alcock ☎ 473 5607
1705ga@gmail.com

Meets: 3rd Monday - 20 May at 9.45am – 11.45am

Venue: Mayfair, Oteha Valley Road

Topic: Financial and investment topics

Film Appreciation *

Judy Ganley ☎ 489 5828 judyganley@xtra.co.nz

Meets: 4th Monday - 27 May at 1.30pm

Venue: Garden Lounge at Northbridge Village

Topic: Members will be advised by email

Foundations of Western Civilisation

Graham Ritson ☎ 489 5366

graham@ritson.co.nz

Meets: 2nd and 4th Tuesday - 14 and 28 May at 9.45am

Venue: Meeting Room, Activezone, 30 Downing St. Glenfield

Topic: A series of 48 lectures by a prominent Professor of history, all on DVD, all with course notes and reading lists for each lecture.

May 14th 29. Nationalism 30. Imperial rivalry

May 28th 31. Industrial rivalry 32. The Alliance system

French ❁

Ann Andreassend ☎ 410 3297 duellingoaks@xtra.co.nz

Meets: 1st and 3rd Wednesday – 1 and 15 May at 2.00pm

l'hiver arrive à grands pas

Geology

Boyd Miller ☎ 488 7595 boydmnz@gmail.com

Meets: 3rd Tuesday. 21 May at 9.45am

Venue: 46 Sylvan Park Ave, Milford. Judy ph 09 489 4425

Topic: Current geological events, NZ risk scene

German ❁ (Inter U3A Group)

Peter Robinson ☎ 489 4494

peterrobinsonnz@hotmail.com

Meets: 1st and 3rd Friday - 3 and 17 May at 10.00am

Der Winter steht vor der Tür

Globalisation ❁

Chris Ball ☎ 410 7789 cball@xtra.co.nz

Meets: 4th Thursday - 23 May at 2.00pm

Venue: Apt 8008, The Poynton Retirement Village,
Shakespeare Rd, Milford

Topic: Chris will be in touch

New members most welcome

Great ArtistsCherry Worger ☎ 486 0615 geoff.worger@xtra.co.nzMeets: 1st and 3rd Thursday – 2 and 16 May at 10.00amVenue: 2nd May: 14 Brett Ave, TakapunaTopic: 2nd May: Ferdinand PreissVenue: 16th May: A/412 45 Akoranga Drive, Northbridge, NorthcoteTopic: 16th May: Erte**Historical Studies ***Andrew Pack ☎ 418 1925 andpack@gmail.comMeets: 2nd Monday - 13th May at 9.45am

Venue: Hearts and Minds (By the Northcote Library)

Topic: Water

LatinGeoff Sheehan ☎ 620 5169 theoshee@ihug.co.nzMeets: Generally on 2nd and 4th ThursdayThis month on 9th and 23rd May at 10.00am**Venue:** Forrest Hill Presbyterian Church, 151 Forrest Hill Road.

As this is an incremental course and builds very much on what has gone before, the group numbers are now closed

*“aequam memento rebus in arduis servare mentem”**“When life’s path is steep, remember to keep your mind even.”***Mah Jong *** (Inter U3A Group)

David Johnston ☎ 473 8942

u3atakapuna@slingshot.co.nzMeets: 1st and 3rd Friday - 3 and 17 May at 1.30pm

Venue: Okura Hall Okura River Road

*the twittering of the sparrows is a lovely sound**Newcomers and Learners always welcome***Making History *** (Inter U3A Group)

Georgie Maurice ☎ 473 0404

u3atakapuna@slingshot.co.nzMeets: 1st Thursday - 2 May at 10.00am

Venue: Knightsbridge Retirement Village

Topic: English workhouses 1800's

Maori Studies *

Martyn Geary ☎ 027 4443219

mbgeary@xtra.co.nzMeets: 4th Wednesday. 22 May at 1.30pm

Venue: Top floor, 31 Craig Rd. Milford.

Topic: Language, culture, and history

*Newcomers and Learners always welcome***Mind Body Medicine** Graham Ritson ☎ 489 5366 graham@ritson.co.nzStephen Warnes ☎ 027 646 3866 stephen.warnes@gmail.comMeets: 2nd Thursday – 9 May at 9.45am to 12 mid-day

Venue: Activezone, 30 Dowling Street, Glenfield

Topic: Fight or Flight v Rest & Digest

Simmering soup. The neuroendocrine system

Modern English Literature Pearl Thomson ☎ 449 0450 ptho@xtra.co.nz

Carolyn Harvey ☎ 489 6334

Meets: 1st and 3rd Tuesday. This month just 21 May at 9.45am

Venue: 3a Mandica Place, Sunnynook

Topic: My favourite novel since WW2

Modern History *

Martin Lee ☎ 294 7820

robinsonlee@xtra.co.nzMeets: 2nd Wednesday – 8 May at 9.45am

Venue: Rothesay Room, ECB Centre, 2 Glen Rd, Browns Bay

Topics: Holland : Steve 09 418 0342

Prominent Person 19thC: John 09 444 2156

Music Appreciation *

Jennifer Knutsen ☎ 475 6797

This group is operating as a social group at the moment meeting every couple of months for concerts and lunch. If interested please contact Jennifer.

Musical Studies * Jan Judson ☎ 021 396 152 janqpies@gmail.com

Meets: 2nd and 4th Monday, 13 and 27 May at 9.45am

Venue: Sky Lounge, Mayfair Village, 14 Oteha Valley Road

13th May: Into the new century - Stravinsky (1)

27th May: Stravinsky (2)

New Members very Welcome

Musical Troubadours * Jocelyn Spinley ☎ 445 3329, Betty Dance ☎ 478 7621

We will meet on 13 and 27 May 2.00pm – 4.00pm at Norfolk

Apartments, Mairangi Bay. Could everyone please choose 3 tunes to

play. We now have a pianist. We have a vacancy for flute or violin

players. Is there anybody out there who would like to join us? We

play for enjoyment.

Other Peoples Lives * Patricia Lissette ☎ 489 9465 pat.lissette@gmail.com

Meets: 4th Tuesday - 28 May at 2.00pm

Venue: Parklane Village, 59/106 Becroft Drive, Forrest Hill.

Phone: 410 9549 (Flo)

Topic: A study of Biographies and/or Autobiographies

Poetry Val Overington ☎ 486 5582 v.j.overington@gmail.com

Meets: 2nd Monday 13 May at 1.30pm

Venue: Apt C462 Northbridge, Akoranga Drive

Topic: each member to read two sonnets of her own choice

Scientific Horizons * Geoffrey Bourke ☎ 021 737 973

geoffrey@bourke.gen.nz

Meets: 1st Wednesday 1 May at 1.30pm

Venue: Martyn's, 3/31 Craig Road, Milford 0620

Topic: Some Useful Genetics

New Members Welcome

Scrabble * Sue ☎ 021 622783 sue@suepearson.co.nz

Meets: 1st Friday - 3 May at 9.45am to 12 noon

Venue: 5A Rahopara Street, Castor Bay

Please call Sue ☎ 021 622783 if you intend to come.

Topic: Play Scrabble to increase word knowledge

New members very welcome

Shakespeare *

Graham Alcock ☎ 473 5607

graham_ionaalcock@hotmail.comMeets: 3rd Monday - 20 May at 1.30pm

Venue: ActivZone, next to the Glenfield Pool and Leisure Centre

Topic: Study of a play

Social Issues *

Stephen Warnes ☎ 027 646 3866

stephen.warnes@gmail.comMeets: 1st Friday - 3 May at 1.30pm

Venue: St John's Church Hall, 327 Beach Road, Campbell's Bay

Topics: Marijuana: legalise? or criminalise?

Spanish Culture *

Pam Robinson ☎ 489 4494

peterrobinsonnz@hotmail.comMeets: 2nd Friday - 10 May at 10.00am

Venue: Daphne's apartment at Northbridge

Topic: The Basque region & peoples. Plus architecture in Barcelona

más miembros son bienvenidos**U3A Travel**Jocelyn Spinley ☎ 445 3329 spinleys@gmail.comMeets: 3rd Monday - 20 May at 10.00am

Venue: 38 Jubilee Ave Devonport. Jocelyn 09 445 3329

World War II *Ian Morris ☎ 480 0919 ian.morris@actrix.co.nz*From pre war causes to post war recovery*Meets: 2nd Tuesday - 14 May at 1.00pm

Venue: 58 Balmain Road, Birkenhead

Topics: Chronological: Exercise Tiger 27 / 28 April 1944

Featured Military Leaders: Rear Admiral Don Moon

Featured Additional Subject: Operation Jericho Amiens Breakout

More members welcome