



U3A TAKAPUNA INC

Email: u3atakapuna@gmail.com Website: www.u3atakapuna.org.nz

July 2019 Newsletter

Meeting on Wednesday 3 July at 9.45am
Citizens' Centre, College Road, Northcote

Guest Speakers: Mandy Parris-Piper and Jo Eve

Topic: Harbour Hospice update and our wraparound care

Mandy Parris-Piper is a palliative medicine specialist working for Harbour Hospice. Originally from Gibraltar, she and her family emigrated to NZ in 2003. Mandy's background is in family medicine working as a rural & inner city GP in the UK and 10 years on Auckland's North Shore prior to specialising in Palliative Medicine. She is passionate about the community aspect of palliative care and equitable access for all within our communities. Lives on the North Shore with her husband Tim. They have 3 young adult children.



Jo Eve has a degree in Business Management and a 20 year career in hospitality and event management. Originally from the UK, she and her Kiwi husband came to Auckland in 1997, setting up a successful Café and Bar in 1999 and were original Directors of Butterfly Creek, near Auckland Airport. After being involved voluntarily with New Zealand Sculpture on the Shore for 8 years (raising funds for Women's Refuges), Jo felt a need to give back to the community through her work and took a role at Harbour Hospice North Shore in March 2018 as Planned Giving Coordinator. Jo will update you on Harbour Hospice and how they are working to future proofing their services with a rapidly growing and aging population in the region. She will also show photos of the planned new building which will replace the current building at 7 Shea Terrace by July 2022.



Mandy will speak about the clinical side of Hospice care, the benefits of early referral to Hospice services, how most of our care is in people's homes and ways Hospice can support both a patient and their family members, when confronted with the diagnosis of a life-limiting illness. It is a chance to ask questions and find out more about the many services, not only physical care and symptom management but also such as counselling, therapies and day groups that Hospice offers.

Mini Speaker: Wing On SO

Topic: The First Emperor of China

*Also refer to new study group listing
Chinese Civilisation: why it lasts.*



FROM THE PRESIDENT

Our June Meeting was very well attended. We managed to squeeze in 139 members. Our speakers were excellent. First up was Tony Lewis who had prepared a great talk on the Battle of Jutland. Very timely as it happened 103 years ago this year. Once again the futility of war was apparent.

This talk was followed by Cam McLeay with his story of his Ascent of the Nile.

An amazing story by a local kiwi.

Elsewhere in this newsletter will be the notice about our AGM which will be held on Wednesday 7 August 2019. There will be an invoice inside your newsletter for membership fees which are due now.

We can always do with new members on the committee and so here is your chance. There will be nomination forms available at the July meeting. If you would like to make a nomination please grab a form, fill it in, and make sure your nominee signs it, and give form back to me.

Ron Wilson

President

U3A Takapuna Annual General Meeting

Advance Notice

The AGM will be held during the monthly meeting on Wednesday, 7 August 2019. It will include the President's Report, the Treasurer's Report and the election of the Committee for the 2019 – 2020 year. The Minutes of the 2018 AGM can be viewed online at u3atakapuna.org.nz/files/AGM_2018.pdf and will also be available at the meeting. The posts of **Vice President, and Committee Members are still vacant**. If you are interested, please contact Ron.

Committee Members for 2018/2019

President	Ron Wilson	☎ 478 2490
Vice President	Vacant	
Treasurer	David Gibbs	☎ 482 3006
Secretary	Elizabeth Lind-Mitchell	☎ 426 3362
Speakers Convenor	Christine Ball	☎ 410 7789
Catering Convenor	Marcia Roberts	☎ 418 0397
Reception	Sue Pearson	☎ 021 622 783
Membership	Jan Judson	☎ 021 396 152
Hall Liaison	Rowena Scaletti	☎ 445 8842
Study Group Co-ordinator	Leonie Kho	☎ 027 877 8811
Committee	Jeannette Maddox	☎ 488 9928
U3A Network	Ron Wilson	☎ 478 2490

Other Responsibilities

Audio Visual	Garry , Barry, Chris and Boyd	
Hall Setup	Phil and Pauline	
Newsletter Distribution	John Hanna	☎ 489 4425
Newsletter Editor	Murray Pearson	☎ 021 644 442

SUBSCRIPTIONS for 2019-2020 are now due

There is an invoice with this newsletter
Please pay this promptly



Hosts

Other Peoples Lives

Four members at 9.15am please

Morning Tea

Foundations of Western Civilization

Two members at 9.15am and a further 4 at 10.25am please

All to help clean up please

Deadline Date for August 2019 Newsletter

Saturday 20 July 2019

Editor: Murray Pearson

Email: news@u3atakapuna.org.nz or 021 644442



Seeking certainty in an uncertain world

Is education the saviour?

Wednesday 3 July 2019 6.30pm – 7.30pm

Dr Graham Jackson

Round Room, Atrium Building, Massey University, Albany

What is the role of education in a world where *'foundational givens of thought are on the move and... the cosmology that has framed experience in Western societies is unravelling?'* Former school teacher and principal, now teacher educator, pedagogy and curriculum critic and researcher

Graham Jackson shares his insights into the nature of education – its rationale and

relevance in a rapidly-changing era. He explores perceptions and positioning of education as somewhere between stagnation and disintegration, between a need for security and a demand for transformation.



To register for this free lecture visit: www.massey.ac.nz and type "our changing world" into the search box on top right. The link will be first in the list.

On the page you will find a "Register for Free" Link



Celebrating U3A – 2019

Auckland 30 August 2019

LIFELONG LEARNING - SHARING KNOWLEDGE - FRIENDSHIP - LEADING EDGE INFORMATION

AUCKLAND U3A NETWORK WELCOMES YOU TO A DAY OF CELEBRATION
at **Barfoot & Thompson Netball Centre – 44 Northcote Road, Northcote**

Friday 30 August 2019 - 9.30am (for 10.00) to 2.30pm

Guest Speaker: **Mike King** - New Zealander of the Year

Presentations from U3A Members

Morning Tea and Lunch – all inclusive - **\$25**

Register for this event at www.u3a.net.nz

New Study Group

Chinese Civilisation: why it lasts.

Wing On SO and Stephen Warnes



Chinese civilisation lasts for four thousand years up to the present day. The study group will try to define China, Chinese, civilisation and culture. Using this framework we will explore how and why Chinese ingrained beliefs and unified systematic script evolve into system synergies: social, political, economic and educational, most ingredients of which still exist. .

In the study group meetings, a presentation is followed by facilitated discussion to compare Chinese civilisation with other world civilisations. Prior knowledge of Chinese civilisation is not presumed.

Venue: Hearts and Minds on second floor of building next to Northcote Library

Every 4th Monday 9.45 am to 12 noon, commencing July 2019

For more information contact Wing On SO on 021 040 4019

Note that the Mini talk at July meeting is

The First Emperor of China Wing On SO

Tips for Study Group Coordinators

Best Way to Send Out Group Emails



When you send out an email to a group of people, simply putting them all on the **To:** field is bad form. First, it exposes all the email addresses, so everyone can see everyone else's emails. Second, if someone accidentally hits "**Reply All**" instead of "**Reply**" their response can easily be sent to the entire group instead of just you.

There is a simple way to prevent this. Simply put yourself in the **To:** field and everyone else in the **Bcc:** field. That way both "**Reply**" and "**Reply All**" will only come back to you and recipients can't see each other's email addresses.

Privacy of Email Addresses

When people provide you with their email address — either directly or by sending you a message — there is the implicit expectation that you will not reveal it to others without their permission.

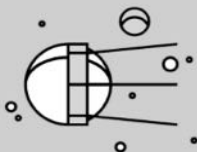
What's the big deal?

Just as you wouldn't appreciate your place of employment giving out personal contact information, many people feel the same way about their email address. In fact, privacy has become a serious issue on the Internet and this concern will continue to grow as people realize the commercial value of their private information and as they fight a losing battle against spam (unsolicited and unwanted email).

Study and Special Interest Groups



IMAGINE



EXPLORE



LEARN



THINK



KNOW

Architecture and Design

Judy Hanna ☎ 489 4425 hannaj@xtra.co.nz

Meets: 3rd Wednesday - 17 July at 9.45am.

Venue: Sky Lounge, Mayfair Village, Oteha Valley Rd, Northcross

Topic: "In the News" and a subject to be arranged, then advised via email

Astronomy *

Peter Cradwick ☎ 021 0229 3289 pcradwick@gmail.com

Meets: 4th Friday - 26 July at 9.45am.

Venue: Meeting Room, ActivZone, Glenfield Leisure Centre

Topic: Carl Sagan's COSMOS and Episode IV. Heaven and Hell

Auckland Heritage

Christine Ball ☎ 410 7789 cball@xtra.co.nz

Meets: 3rd Friday – 19 July at 10.00am

Visit the Nelson Mandela Exhibition at Eden Park. Details by email.

Board Games *

Leonne Kho ☎ 027-877-8811 leoniekho1@gmail.com

Ron Wilson ☎ 478 2490 ron.e.wilson@gmail.com

Meets: 2nd Friday - 12 July at 9.45pm

Venue: Meeting Room No. 4 on Second Floor, Council Building
2 Glen Road, Browns Bay. (Elevator is available)

Topic: Play brain games for: Better Memory - Stronger Immune
System – Enhance Mental Health - Stress Relief - Laughter & Fun

Cabbages and Kings

Anne Young ☎ 486 3317 annejim.y@xtra.co.nz

Liz Milne ☎ 963 2810 lizhmilne@gmail.com

Meets: 2nd Thursday - 11 July at 1.30pm

Venue: Rowena's place, 3/17 Marsh Ave

Topic: 5 to 10 minutes on anything

Chinese Civilisation: Why it lasts *

Wing On SO ☎ 021 040 4019 wingon.so@mac.com

Stephen Warnes ☎ 027 646 3866 stephen.warnes@gmail.com

Meets: 4th Monday – 22 July at 9.45am

Venue: Hearts and Minds on second floor of building next to Northcote Library

Each week has a presentation followed by facilitated discussion

New Group

Chinese Painting and Art Studies *

Doreen Brown ☎ 473 0871

doreen22@orcon.net.nz

Meets: 2nd Friday – 12 July at 1.30pm

Venue: The Orchards, Stanley Street, Glenfield

Topic: Squirrels

Classical Opera

Jenny Adams ☎ 489 5914 golfingjen@hotmail.com

Meets: 3rd Tuesday - 16 July at 1.30pm

Venue: Chelsea Room, Knightsbridge

Topic: Cathie will let us enjoy her favourite opera Aida.

Famous and Infamous *

Brucilla Wright ☎ 480 0150

brucilla.wright@xtra.co.nz

Meets: 2nd Friday – 12 July at 10.00am

Venue: Ian Morris's home, 58 Balmain Rd, Birkenhead

Presentations by two members about Famous and Infamous people

Finance and Investment

Graham Alcock ☎ 473 5607

1705ga@gmail.com

Meets: 3rd Monday - 15 July at 9.45am – 11.45am

Venue: Mayfair, Oteha Valley Road

Topic: Financial and investment topics

Film Appreciation *

Judy Ganley ☎ 489 5828 judyganley@xtra.co.nz

Meets: 4th Monday - 22 July at 1.30pm

Venue: Garden Lounge at Northbridge Village

Topic: Members will be advised by email

Foundations of Western Civilisation

Graham Ritson ☎ 489 5366

graham@ritson.co.nz

Meets: 2nd and 4th Tuesday - 9 and 23 July at 9.45am

Venue: Meeting Room, Activezone, 30 Downing St. Glenfield

Topic: A series of 48 lectures by a prominent Professor of history, all on DVD, all with course notes and reading lists for each lecture.

July 9th 37. The end of the war 38. Recovery & Depression

July 23rd 39. Totalitarian Russia 40. Fascist Italy, Nazi Germany

French *

Ann Andreassend ☎ 410 3297 duellingoaks@xtra.co.nz

Meets: 1st and 3rd Wednesday – 3 and 17 July at 2.00pm

avant de nous en rendre compte, nous sommes dans le 6ème mois de l'année

Geology

Boyd Miller ☎ 488 7595 boydmnz@gmail.com

Meets: 3rd Tuesday. 16 July at 9.45am

Venue: 46 Sylvan Park Ave, Milford. Judy ph 09 489 4425

Topic: Current geological events, Bauxite to aluminium

German * (Inter U3A Group)

Peter Robinson ☎ 489 4494

peterrobinsonnz@hotmail.com

Meets: 1st and 3rd Friday

This group in recess until further notice

Globalisation *

Chris Ball ☎ 410 7789 cball@xtra.co.nz

Meets: 4th Thursday - 25 July at 2.00pm

Venue: Apt 8008, The Poynton Retirement Village,
Shakespeare Rd, Milford

Topic: Chris will be in touch

New members most welcome

Great Artists Meets: 3 rd Thursday – 18 July at 10.00am Venue: 2/2 Huntly Road, Campbells Bay Topic: Coco Chanel	Cherry Worger ☎ 486 0615 geoff.worger@xtra.co.nz
Historical Studies * Meets: 2nd Monday - 8 July at 9.45am Venue: Hearts and Minds (By the Northcote Library) Topic: TBA	Andrew Pack ☎ 418 1925 andpack@gmail.com
Latin Meets: Generally on 2 nd and 4 th Thursday at 10.00am Venue: Forrest Hill Presbyterian Church, 151 Forrest Hill Road. As this is an incremental course and builds very much on what has gone before, the group numbers are now closed <i>“aequam memento rebus in arduis servare mentem”</i> <i>“When life’s path is steep, remember to keep your mind even.”</i>	Geoff Sheehan ☎ 620 5169 theosheevg@gmail.com
Mah Jong * (Inter U3A Group) Meets: 1 st and 3 rd Friday - 5 and 19 July at 1.30pm Venue: Okura Hall Okura River Road <i>Imperial Jade is a valued hand</i> <i>Newcomers and Learners always welcome</i>	David Johnston ☎ 473 8942 u3atakapuna@slingshot.co.nz
Making History * (Inter U3A Group) Meets: 1 st Thursday - 4 July at 10.00am Venue: Knightsbridge Retirement Village Topic: Victorian England	Georgie Maurice ☎ 473 0404 u3atakapuna@slingshot.co.nz

Maori Studies *

Martyn Geary ☎ 027 4443219

mbgeary@xtra.co.nzMeets: 4th Wednesday. 24 July at 1.30pm

Venue: Top floor, 31 Craig Rd. Milford.

Topic: Language, culture, and history

Newcomers and Learners always welcome**Mind Body Medicine**Graham Ritson ☎ 489 5366 graham@ritson.co.nzStephen Warnes ☎ 027 646 3866 stephen.warnes@gmail.comMeets: 2nd Thursday – 11 July at 9.45am to 12 mid-day

Venue: Activezone, 30 Dowling Street, Glenfield

Topic: Jung 1 and Jung 2

Modern English Literature *Pearl Thomson ☎ 449 0450 ptho@xtra.co.nz

Carolyn Harvey ☎ 489 6334

Meets: 1st and 3rd Tuesday. 2 and 16 July at 9.45am

Venue: 3a Mandica Place, Sunnynook

Topic: Novels in translation to English since 1945

We would welcome new members**Modern History ***

Martin Lee ☎ 294 7820

robinsonlee@xtra.co.nzMeets: 2nd Wednesday – 10 July at 9.45am

Venue: Rothesay Room, ECB Centre, 2 Glen Rd, Browns Bay

Topics: Holland : Steve 09 418 0342

Prominent Person 19thC: John 09 444 2156

Musical Studies *	Jan Judson ☎ 021 396 152 janqpies@gmail.com
Meets: 2 nd and 4 th Monday, This month just 22 July at 9.45am	
Venue: Sky Lounge, Mayfair Village, 14 Oteha Valley Road	
8 th July: No meeting	
22 nd July: Choral Music - where it all began	
<i>New Members very Welcome</i>	
Musical Troubadours *	Betty Dance ☎ 478 7621 b.dance@extra.co.nz
Meets: 2 nd and 4 th Monday, 8 and 22 July at 2.00pm	
Venue: 7 Ramsgate Terrace, Mairangi Bay	
<i>The group will give a concert at Mairangi Bay Presbyterian Church on Thursday, 11th July at 1pm</i>	
Other Peoples Lives *	Patricia Lissette ☎ 489 9465 pat.lissette@gmail.com
Meets: 4 th Tuesday - 23 July at 2.00pm	
Venue: Parklane Village, 59/106 Becroft Drive, Forrest Hill.	
Phone: 410 9549 (Flo)	
Topic: A study of Biographies and/or Autobiographies	
Poetry	Val Overington ☎ 486 5582 v.j.overington@gmail.com
Meets: 2 nd Monday 8 July at 1.30pm	
Venue: Apt C462 Northbridge, Akoranga Drive	
Topic: continue reading 21st Century New Zealand Poetry - 2 poems each.	
Scientific Horizons *	Geoffrey Bourke ☎ 021 737 973 geoffrey@bourke.gen.nz
Meets: 1 st Wednesday 3 July at 1.30pm	
Venue: Martyn's, 3/31 Craig Road, Milford. 0622 (Down R.O.W.)	
Topic: Computer Science	
<i>New Members very welcome</i>	
Scrabble *	Sue ☎ 021 622783 sue@suepearson.co.nz
Meets: 1 st Friday - 5 July at 9.45am to 12 noon	
Venue: 5A Rahopara Street, Castor Bay	
<i>Please call Sue ☎ 021 622783 if you intend to come.</i>	
Topic: Play Scrabble to increase word knowledge	
<i>New members very welcome</i>	

Shakespeare *

Graham Alcock ☎ 473 5607

1705ga@gmail.com

Meets: 3rd Monday - 15 July at 1.30pm

Venue: ActivZone, next to the Glenfield Pool and Leisure Centre

Topic: Study of a play

Social Issues *

Stephen Warnes ☎ 027 646 3866

stephen.warnes@gmail.com

Meets: 1st Friday - 5 July at 1.30pm

Venue: St John's Church Hall, 327 Beach Road, Campbell's Bay

Topics: Language and Communication.

Spanish Culture *

Pam Robinson ☎ 489 4494

peterrobinsonnz@hotmail.com

Meets: 2nd Friday

This group in recess until further notice

U3A Travel

Jocelyn Spinley ☎ 445 3329 spinleys@gmail.com

Meets: 3rd Monday - 15 July at 10.00am

Venue: 38 Jubilee Ave Devonport. Jocelyn 09 445 3329

World War II *

Ian Morris ☎ 480 0919 ian.morris@actrix.co.nz

From pre war causes to post war recovery

Meets: 2nd Tuesday - 9 July at 1.00pm

Venue: 58 Balmain Road, Birkenhead

Topics: Chronological: Operation Bodyguard / D Day Deceptions

Featured Military Leaders: Major General Percy Hobart

(Hobarts Funnies)

Featured Additional Subject: Mulberry Harbours

More members welcome