



U3A TAKAPUNA INC

Email: u3atakapuna@gmail.com Website: www.u3atakapuna.org.nz

July 2020 Newsletter

No Main meeting on Wednesday 1 July

Welcome to our July 2020 U3A Takapuna Newsletter.

After a quite unusual first half of 2020, we are about to head into July under Alert Level 1 with minimal restrictions to our daily lives. At Alert Level 1, everyone can return without restriction to work, school, sports and domestic travel and you can get together with as many people as you want.

For U3A this means there are no restrictions on Study Group meetings although it is very important to follow the guidelines for life under Alert Level 1.

The following official website will be very useful.

uniteforrecovery.govt.nz

In particular, refer to the following sections under Covid-19 / Alert level 1

- Stay healthy
- Keep track of where you've been
- The Golden Rules for everyone at Alert Level 1

There is a summary of the above information in this Newsletter

What's in this newsletter:

- Message from our President - Ron Wilson
- News from Acting President - Stephen Warnes
- Subscription Renewal Information
- U3A Takapuna Committee nomination process
- U3A Takapuna Lockdown Quiz Sixth Edition (Email edition only)
- Having our say: Older New Zealanders responses to the COVID-19 crisis
- Study Groups July information

July Meeting

The hall is not available on Wednesday 1 July so we will not be having a monthly meeting. We do hope that we can have a monthly meeting on Wednesday 5 August so watch out for an update about this in the August newsletter published in late July.

AGM

If possible the AGM will be held at our meeting on Wednesday 5 August. See below for a message from our retiring President Ron Wilson and our Acting President Stephen Warnes.

With the increased flexibility in our emailed format newsletter, we welcome study group news and photos. All now possible as we have full colour, and space is no problem. Email your news to news@u3atakapuna.org.nz or feel free to call Murray on 021 644442 to discuss.

Kind regards from your Newsletter Editors

Murray Pearson, Sue Pearson and Rosemary Larsen

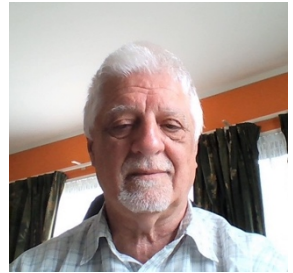
News from our President

As indicated in last weeks email newsletter, the time has come for the President to step down. Normally this would happen at the August AGM but I have major items that conflict so are stepping down a month early. The Vice President Stephen Warnes will step up as Acting President for the month of July and in August our AGM will occur when the various committee roles will be up for nomination etc.

I have enjoyed my three years as President and would like to thank all those that helped me over that period.

U3A Takapuna is in good heart and I look forward to seeing it continue to grow. All the best for the future

Ron Wilson, President



News from our Acting President

Greetings to all members of Takapuna U3A!

It feels good to have weathered the storm of Covid-19 and to be able to gather again. I know that some Study Groups are already meeting again face-to-face and that others have so valued the Zoom meetings that they are choosing to continue in that way – at least for the time being.

As for our monthly General Meeting, it is not possible for us to meet together in July because the facilities at the Citizens' Centre, Northcote are not being made available to the public



until they have been fully disinfected and cleaned. We hope to be able to meet there again from August.

August is the month of our AGM and I would like to encourage you to begin thinking about who might serve on the Committee – think about other suitable people and approach them about it (always being very careful as you twist their arm behind their back), and also think about yourself and your own willingness to volunteer; don't be reticent about putting your own name forward!

We as an organisation depend entirely on volunteers – some are on the Committee, others are not and their work is as vital – if not more so – than some of the committee work. At the AGM there will be an opportunity to thank those who are stepping down, to thank those who are continuing , and to thank and welcome those who are stepping forward.

As Acting President, I think it is appropriate to mention one name in particular and that is President Ron Wilson who is stepping down at the end of June after an extended term as President because no-one could step into that role at the AGM last year. There will be an opportunity to thank him properly and publicly at the AGM this year.

I look forward to seeing all of us gathering together joyfully in August.

Stephen Warnes, Acting President

U3A Takapuna Subscription Renewal 2020/21

In the June Newsletter we outlined the details for a new subscription policy for the year 1 July 2020 – 30 June 2021

Payment is now due

Your Subscription and Newsletter Invoice is enclosed with this Newsletter

We hope that Members will make their payments by Internet Banking - it really does make our Treasurer's life easier. If you don't have access to Internet Banking then consider popping into an ASB bank and pay into our bank account. The subscription form has all the details of our bank account number so take that with you to help the bank.

We know that some people like cheques but the move by banks is to move away from accepting cheques, and some banks have already decided to refuse cheques. This will no doubt accelerate over the coming year.

When meetings resume, if you have not managed to re-new your subscriptions, you will be able to pay the Treasurer at the monthly meetings.

Takapuna U3A Committee Nomination

Under the constitution of U3A Takapuna you can nominate members to serve on our Committee at each AGM. Present committee members who are happy to continue will be nominated.

If you wish to nominate a member for any Office or Committee positions, please fill in the form enclosed with this newsletter. It must be in the hands of the Secretary by 10am on Wednesday 5 August 2020.

You can also scan and email the form to the Secretary, U3A Takapuna, Erica Brash ericamb027@gmail.com

Deadline Date for August 2020 Newsletter Sunday 19 July 2020

Editors: Murray Pearson, Sue Pearson and Rosemary Larsen

Email: news@u3atakapuna.org.nz or phone Murray on 021 644442

Study group information to: studygroups@u3atakapuna.org.nz

Please note this new email address for all study group content information

Please be sure to put the name of your study group in the subject line

Having our say: Older New Zealanders responses to the COVID-19 crisis

Members may be interested in taking part in this research project.

My name is Dr Lisa Williams and I am part of a research team at the University of Auckland. I'm writing to you regarding an important new research project funded by the Auckland Medical Research Foundation that will collect the views and experiences of New Zealanders aged 70+ regarding Covid-19 and lockdown. - our website is: <https://haveoursay.org>

We are inviting people over 70 to write a letter to share their experience of lockdown and other aspects of Covid-19. All letters (with the letter-writer's permission) will become part of a permanent archive at the Auckland Museum. This will be an important historical record as well as a resource for informing future responses to pandemics by the government and media.

Info from the NZ Government web site

<https://uniteforrecovery.govt.nz/>

Life at Alert Level 1

At Alert Level 1, everyone can return without restriction to work, school, sports and domestic travel, and you can get together with as many people as you want.

Border restrictions

Controls at the borders remain for those entering New Zealand, including health screening and testing for all arrivals, and mandatory 14 day managed quarantine or isolation.

Stay healthy

As we unite to recover from the effects of COVID-19, it's still important that we keep the basic hygiene measures, including washing your hands and coughing or sneezing into your elbow.

Keep track of where you've been

We should all continue to keep track of where we've been and who we've seen to assist with rapid contact tracing if it is required.

Businesses should help customers to keep track of where they've been by displaying the NZ COVID Tracer QR code poster.










The Golden Rules for everyone at Alert Level 1

1. If you're sick, stay home. Don't go to work or school. Don't socialise.
2. If you have cold or flu symptoms call your doctor or Healthline and make sure you get tested.
3. Wash your hands. Wash your hands. Wash your hands.
4. Sneeze and cough into your elbow, and regularly disinfect shared surfaces.
5. If you are told by health authorities to self-isolate you must do so immediately.
6. If you're concerned about your wellbeing or have underlying health conditions, work with your GP to understand how best to stay healthy.
7. Keep track of where you've been and who you've seen to help contact tracing if needed. Use the NZ COVID Tracer app as a handy way of doing this.




8. Businesses should help people keep track of their movements by displaying the Ministry of Health QR Code for contact tracing.
9. Stay vigilant. There is still a global pandemic going on. People and businesses should be prepared to act fast to step up Alert Levels if we have to.

People will have had different experiences over the last couple of months. Whatever you're feeling — it's okay. Be kind to others. Be kind to yourself.

Committee Members for 2019 / 2020

President	Ron Wilson	 09 478 2490
Vice President	Stephen Warnes	 027 646 3866
Treasurer	David Gibbs	 09 482 3006
Secretary	Erica Brash	 09 414 6321
Speakers Convenor	Christine Ball	 09 410 7789
Catering Convenor	Janet Poole	 09 940 1200
Reception	Sue Pearson	 021 622 783
Membership	Jan Judson	 021 396 152
Hall Liaison		
Study Group Liaison		
U3A Network	Ron Wilson	 09 478 2490

Other Responsibilities

Audio Visual	Barry, Chris and Boyd	
Hall Setup	Phil and Pauline	
Newsletter Distribution	John Hanna	 09 489 4425
Newsletter Editors	Murray Pearson	 021 644 442
	and Rosemary Larsen	 09 410 4465

Study and Special Interest Groups



Architecture & Design * Judy Hanna 489 4425 hannaj@xtra.co.nz

Meets: 3rd Wednesday - 15 July at 9.45am.

Venue: Rutherford Street, Belmont.

Topic: Housing Intensification- the ONEONEROA redevelopment. - Redesigning how we live.

New members welcome

Astronomy * Stuart Kendon 0274 949 371 stuart@kendon.co.nz

Meets: 4th Friday - 24 July at 9.45am.

Venue: ActivZone, 30 Downing Street, Glenfield

Topic: "Cosmic Journeys with Hubble: Universe in Motion."

New members welcome

Auckland Heritage * Christine Ball 410 7789 cball@xtra.co.nz

Meets: 3rd Friday - 17 July at 9.15am Citizens Centre or Lopdell Precinct 10.00am.

Visit to Lopdell Precinct in Titirangi. Heritage Lopdell House, plus new Art Gallery and café. Meet at Citizens Centre 9.15am to carpool or meet there 10am.

New members very welcome

Cabbages and Kings Anne Young 486 3317 annejim.y@xtra.co.nz

Liz Milne 021 269 5151 lizhmilne@gmail.com

Meets: 2nd Thursday – 9 July at 1:30 pm

Venue: Di Burtenshaw's, Apt K111, Northbridge, 45 Akoranga Drive

Topic: 5 to 10 minutes on anything.

Chinese Painting and Art Studies * Doreen Brown 473 0871

doreen22@orcon.net.nz

Meets: 2nd Friday – 10 July at 1.30pm.

Venue: The Orchards, Glenfield

Topic: Dragonflies

Classic Movies * Ian Morris 480 0919 ian.morris@actrix.co.nz

Meets: 3rd Monday -20 July at 1.15pm for a 1.30pm start

Venue: 58 Balmain Road, Birkenhead

Movie: "To Kill a Mockingbird" starring Gregory Peck who won the best actor Academy Award for this movie in 1963

Followed by afternoon tea and discussion on all aspects of the movie plus a chocolate fish quiz.

All welcome.

Classical Opera Jenny Adams 489 5914 golfingjen@icloud.com

Meets: 3rd Tuesday- 21 July at 1.30pm.

Venue: Chelsea Room at Knightsbridge Village.

Topic: Harry is introducing Simon Boccanegra by Verdi.

Destination Walking * Jenny Adams 489 5914 golfingjen@hotmail.com

Co-convenor: Becky Britton 0273 111 385

Meets: 1st Friday – 3 July at 10.00am

Venue: Robin and Ross will lead us on our journey. Members will be notified re venue nearer the time.

Famous and Infamous Brucilla Wright 480 0150 brucilla.wright@xtra.co.nz

Meets: 2nd Friday – 10 July at 10.00am.

Venue: 4 Hume Drive, Hillcrest.

Topics: to be advised. Two Speakers: Heather and Ian.

Finance and Investment Chris Rimmer 4409240 crysie99@gmail.com

Meets: 3rd Monday - 20 July at 9.45am – 11.45am

Venue: Members to be advised.

Topic: Financial and investment topics

Film Appreciation * Beth Campbell 478 5773 bethcam@xtra.co.nz

Usually meets: 4th Monday - members will be advised if meeting on 27 July is to proceed.

French * Ann Andreassend 410 3297 duellingoaks@xtra.co.nz

Meets: 1st and 3rd Wednesday – 1 and 15 July at 2.00 pm.

Chacun voit midi à sa porte.

Geology Boyd Miller 488 7595 boydmnz@gmail.com
Meets: 3rd Tuesday 21 July at 9.45 am.
Venue: 46 Sylvan Park Ave, Milford. Judy ph 489 4425
Topics: Current events, mid ocean ridge, kaolin, Cook Strait

Globalisation * Chris Ball 410 7789 cball@xtra.co.nz
Meets: 4th Thursday - 23 July at 2.00pm
Venue: Apt 8008, the Poynton Retirement Village, Shakespeare Rd, Milford
Topic: Members to be advised.

New members most welcome

Great Artists Cherry Worger 486 0615 geoff.worger@xtra.co.nz
Meets: 1st and 3rd Thursday, 2 and 16 July at 10am
Venue: 2 July: 3/10 Beach Road, Milford
Topic: Gustave Caillebotte
Venue: 16 July: A/412 45 Akoranga Drive, Northbridge, Northcote
Topic: Georges Seurat

Historical Studies **New convenor: Bob Atkinson** 021 127 4945
bobatkinson61@gmail.com
Meets: 2nd Monday – 13 July at 9.45am
Venue: Hearts and Minds (By the Northcote Library)
Topic: Open

History – The World of Byzantium Graham Ritson 489 5366
graham@ritson.co.nz

This group has been superceded by the new group History of Eastern Europe.

History of Eastern Europe (New) Graham Ritson 489 5366
graham@ritson.co.nz

Meets: 2nd and 4th Tuesday – 14 and 28 July 9.45am until noon.
Venue: Meeting Room, ActivZone.
Topics: 14 July - Members to be advised
28 July - Members to be advised

Jung Graham Ritson 489 5366 graham@ritson.co.nz
Meets: 2nd and 4th Monday – 13 and 27 July from 9.45am – noon
Venue: Meeting Room, ActivZone, Glenfield
Topics: Members to be advised

Latin Geoff Sheehan 620 5169 theosheevg@gmail.com

Meets: 2nd and 4th Thursday – 9 and 23 July at 10.00am

Venue: Forrest Hill Presbyterian Church, 151 Forrest Hill Road.

As this is an incremental course and builds very much on what has gone before, the group numbers are now closed.

"et ipsa scientia potestas est" – "And knowledge itself is power" (Francis Bacon)

Mah Jong * (Inter U3A Group) Ron Wilson ron.e.wilson@gmail.com

David Johnston 473 8942 u3atakapuna@slingshot.co.nz

Meets: 1st and 3rd Friday – 19 June, 3 and 17 July at 1.30pm

Venue: Okura Hall, Okura River Road

Now's the time to get out of the house and try something 'useful'!

Newcomers and Learners always welcome

Making History * (Inter U3A Group) Georgie Maurice 473 0404

u3atakapuna@slingshot.co.nz

Usually meets: 1st Thursday – 2 July at 10.00am

Members to be advised on availability of venue and topic if any.

Maori Studies * Martyn Geary 027 4443219 mbgeary@xtra.co.nz

Meets: 4th Wednesday - 22 July at 1.30 pm.

Venue: Top level, 31 Craig Rd, Milford.

Topic: General (including "useful phrases, Mori Mori, and Maui myths such as Irawaru")!

Newcomers and Learners always welcome

Mind Body Medicine Graham Ritson 489 5366 graham@ritson.co.nz

& Stephen Warnes 027 646 3866 stephen.warnes@gmail.com

Meets: 2nd and 4th Thursday – 9 July and 23 July at 9.45am to 12 mid-day

Venue: **ZOOM Meeting**

Topics: 9 July - L.25. Heart and soul - Cardiovascular Disease II

L.26. The Big C - Cancer and mind body medicine

23 July - L.27. Bugs, Drugs and Budda

L.28. Fire in the belly – The GI system

Modern English Literature * Pearl Thomson 449 0450 ptho@xtra.co.nz

Carolyn Harvey 489 6334

Meets: 1st and 3rd Tuesday - 7 and 21 July at 9.45.am

Venue: 7 July: 3a Mandica Place, Sunnynook

21 July: 3a Mandica Place, Sunnynook

Topic: Irish Writers

We would welcome new members

* = New members Welcome

Modern History * Martin Lee 294 7820 robinsonlee@xtra.co.nz
Meets: 2nd Wednesday - 8 July at 9.45am.
Venue: Rothersey Room, ECB Centre, 2 Glen Road, Browns Bay.
Topics: The Baltic Countries and Inventors/Inventions cont.
Members to be advised of any changes.

Musical Studies * Jan Judson 021 396 152 janqpies@gmail.com
Usually meets: 2nd and 4th Monday, 13 and 27 July but availability of the venue is uncertain.
Members to be advised
New Members very welcome

Musical Troubadours * Betty Dance 478 7621 b.dance@xtra.co.nz
Meets: 2nd and 4th Monday each month – 13 and 27 July at 2.00pm
Venue: 7 Ramsgate Terrace, Mairangi Bay. Betty will be in touch.
New Members very welcome

Other Peoples Lives Patricia Lissette 489 9465 pat.lissette@gmail.com
Meets: 4th Tuesday - 28 July at 2.00pm
Venue: Parklane Village, 59/106 Becroft Drive, Forrest Hill.
Phone: 410 9549 (Flo)
Topic: A study of Biographies and/or Autobiographies

Poetry Val Overington 486 5582 v.j.overington@gmail.com
Meets: 2nd Monday – 13 July at 1.30pm.
Venue: Apt C462 Northbridge, Akoranga Drive
Topic: Discuss whether we carry on reading from Canterbury Tales or whether members would like a change; if so bring suggestions.

Scientific Horizons * Bob Atkinson 021 127 4945
bobatkinson61@gmail.com
Meets: 1st Wednesday – 1 July at 1:30pm-to-3:30pm
Venue: Meeting room, ActivZone, Glenfield
Topics: 1. Continental Drift
2. Three causes of Red Shift: Doppler, Expansion of space, Gravitational
New members welcome

Scrabble * Sue Pearson 021622783 sue@suepearson.co.nz

Meets: 1st Friday – 3 July – 9.45 am to 12 noon

Venue: 5a Rahopara St, Castor Bay

Topic: Play Scrabble to increase word knowledge

Please call Sue on 021 622 783 if you intend to come.

New members very welcome

Shakespeare * Andrew Pack 418 1925 andpack@gmail.com

Meets: 3rd Monday – 20 July at 1.30pm

Venue: ActivZone, 30 Downing Street, Glenfield

Topic: A Shakespeare play yet to be decided. Members will be advised.

New members very welcome!

Social Issues * Stephen Warnes 027 646 3866 stephen.warnes@gmail.com

Meets: 1st Friday - 3 July at 1.30pm

Venue: St John's Church Hall, Beach Road, Campbells Bay.

Topics: Treaty of Waitangi; 'Te Tiriti' - final comments

Warwick's Quiz (Correct answers will be sent in advance)

EgalitariaNZ? (A reading will be emailed to members)

Spanish Culture * Pam Robinson 489 4494 peterrobinsonnz@hotmail.com

Meets: 2nd Friday, 10 July at 10.00am.

Topic: No specific topic at present, just future plans & a bit of Spanish.

Venue: 37 Arran Road, Browns Bay; members to be advised.

New members very welcome!

U3A Travel * Jocelyn Spinley 445 3329 spinleys@gmail.com

Meets: 3rd Monday, 20 July at 10.00am

Venue: 38 Jubilee Ave Devonport.

Topic: To be advised.

New members welcome

World War II * Ian Morris 480 0919 ian.morris@actrix.co.nz

From pre war causes to post war recovery

Meets: 2nd Tuesday – 14 July at 1.00pm

Venue: 58 Balmain Road, Birkenhead

Topics: Chronological: Operation Market Garden

Featured Military Leaders: Lt Gen Frederick Browning / Gen Kurt Student

Featured Additional Subject: Rommel's untimely end

* = New members Welcome